



Essential Oils Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs.

By ADISH Books

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****GET YOUR RADIANT, GLOWING, YOUNGER SELF BACK****

It's the natural right of every woman to look beautiful and, If you want to claim that right this book can help.

----- LOVE YOUR BODY: GO FOR NATURAL PRODUCTS-----

Our bodies are accumulating toxic materials day by day, and these foreign materials are harming our bodies because our bodies don't know what to do with them. Nature didn't design our bodies to absorb all of these chemicals. What is the solution? We need to give our bodies some breathing space by reducing the rate of chemical injection into them. This would allow them to start their inherent purification process to remove these toxic materials. We cannot remove all these materials from our lives immediately without having proper replacements for them, but we can try to make an honest difference for our bodies. We can begin the long journey of detoxifying the body in small steps, starting with our outer selves. By replacing our chemical cosmetics with the natural products, you will be on the road to cleansing your body and allowing it to heal.

And who is going to do it? Nobody but you.

How do you care for your skin, hair, and nails, etc. using natural products?

The Answer is aromatherapy and essential oils.

This book provides you with details of chemical-free recipes and natural alternatives to potentially harmful hair and skin care products. You will gain an understanding of how the anti-bacterial properties in essential oils work to treat numerous skin conditions including acne, pimples, eczema, psoriasis, and more. Using the information provided in this book, carefully choose the essential oils that meet your needs and preferences. Always keep safety precautions in mind. Learn more about your preferred essential oils and experiment with your own blends.

What are essential oils ?

Essential oils are natural oils that are extracted from plants. Unlike actual oils, essential oils do not contain fatty acids. Instead, these are

highly concentrated plant elements, which possess potent qualities for medicinal and cosmetic purposes. A wide variety of essential oils is available for selections, and each has its own distinct properties.

In this reference book you will find:-

- What are the benefits of essential oils.
- A list of easily available and most effective essential oils with detail descriptions.
- A list of essential oils which are not good for your skin.
- Recipes for making beauty care products at home.
- How to blend essential oils and make homemade cheap recipes.

This book is an attempt to give simple methods to make your beauty care products at home using essential oils and other organic ingredients which are easily available. These products may be simple to make, but they are very powerful in their effects. These products are alternative to health remedies or therapies which are using chemical medicines. Aromatherapy uses natural herbal oils for treatment of body, hair, lip, nail and skin care.

After reading this book, you will be able to create your own natural herbal

skin care creams, toners, masks, hair treatments, facial cleansers, moisturizers, etc. by blending various essential oils.

You will find Great but easy to make recipes for: –

- Skin Care (Different recipes for different skin types)
- Hair Care (Different recipes for different hair types)
- Lip Care
- Nail Care
- Eye Care
- Body care (massage oils, Different recipes for different seasons)

This book describes only selected recipes so as to avoid confusion regarding what to choose.

In no time, you will be able to prepare a natural, organic beauty product at home and at a fraction of the cost of conventional chemical products.

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Cody Smith:

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Sang Weems:

This Essential Oils Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs. are generally reliable for you who want to become a successful person, why. The explanation of this Essential Oils Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs. can be one of several great books you must have is usually giving you more than just simple reading food but feed a person with information that maybe will shock your preceding knowledge. This book is actually handy, you can bring it all over the place and whenever your conditions both in e-book and printed people. Beside that this Essential Oils Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs. giving you an enormous of experience for instance rich vocabulary, giving you trial of critical thinking that we all know it useful in your day activity. So , let's have it and revel in reading.

Chris Manley:

This book untitled Essential Oils Beauty Secrets: Make Beauty Products at Home for Skin Care, Hair Care, Lip Care, Nail Care and Body Massage for Glowing, Radiant Skin and Shiny Hairs. to be one of several books in which best seller in this year, here is because when you read this book you can get a lot of benefit onto it. You will easily to buy this book in the book retail store or you can order it by way of online. The publisher of this book sells the e-book too. It makes you more easily to read this book, because you can read this book in your Touch screen phone. So there is no reason to your account to past this guide from your list.

Charles Bryce:

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