


Medicinal Plants and Traditional Medicine in Sierra Leone


By *Cyrus Macfoy*



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Medicinal plants and traditional medical practices from Sierra Leone in West Africa have much to offer the rest of the world. Dr. Cyrus MacFoy, an experienced researcher and scientific consultant, highlights more than two hundred plants used to cure more than one hundred diseases and illnesses in this informational guide. He provides the plant location, their botanical and local names, English common names, and the ways they are used to treat and cure ailments and diseases. He also includes; findings regarding the conservation, sustainable use, and development of new drugs; ways to incorporate different techniques into the health care delivery system; and; chemical analyses and biological activity testing of plant species. Discover how Africa's traditional healers play a critical role in treating diseases such as HIV and AIDS. In developing countries with poor infrastructure, these healers are located in nearly every rural village setting as well as in the busy urban areas. While underappreciated, they may play a key role in solving the continent's diverse health problems.

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