

The Art of Liberty Training for Horses: Attain New Levels of Leadership, Unity, Feel, Engagement, and Purpose in All That You Do with Your Horse

By Jonathan Field



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Horse trainer Jonathan Field has made a name for himself with his unique ability to give people simple, understandable, doable steps that lead to working with a horse "at liberty" in a safe and progressive manner. True engagement with a horse at liberty isn't just about removing tack and stepping outside the arena—it's about connection, trust, and communication through movement. Enrich your relationship with your horse, improve your "feel," and teach your horse to respond to the subtlest of cues; no matter your discipline, whether you compete or ride for pleasure, liberty training can change the way you interact with horses forever.



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Editorial Review

Review

"In a word, beautiful ... [E]asy to read and understand and includes fascinating personal stories as well. Highly recommended."—Northwest Horse Source

"If you're interested in learning how to become a better horse person, this book will teach and inspire you."—Kathy Smith, editor of *Canadian Horse Journal*

From the Inside Flap

True liberty, says Jonathan Field, is much more than simply removing equipment and stepping outside the pen or arena: It is moving with your horse, communicating only with intention, and creating a seamless, smooth, and rhythmic dance. "When you do liberty right, you become one with the herd," he writes. "And not only do you develop an amazing connection with your horse, but it's one of the most fun things you will ever do."

Developing communication skills and your relationship with your horse through liberty benefits all that you do, whether on the ground or in the saddle, whether competing or riding for pleasure. Quick responses to subtle cues, clear aids, and a relaxed and attentive horse: These are the keys to liberty, and they are also objectives when you ride, drive, or interact with the horse on the ground around the barn. Liberty, therefore, teaches you to be an all-around better horseman or horsewoman.

With Jonathan Field's step-by-step liberty training method, you learn to have a better "feel," to reward the horse sooner, and to time your aids just right to ensure you get the response you want. Plus, you discover how to approach things from the individual horse's perspective—an important key to getting a horse to act because he *wants* to, rather than because he *has* to. Fabulously illustrated with hundreds of action-packed photographs taken on Field's spectacular ranch in British Columbia, this book can change the way you are with horses and change the way horses are around you.

"The horsemanship journey doesn't end with liberty," writes Field. "It's just the beginning of connection."

About the Author

Jonathan Field is a highly acclaimed natural horseman who has helped thousands of people achieve amazing results with horses through his teaching. His unique methods combined with his ability to instruct and inspire are why Field's star is shining bright in the equine industry.

Each year, Field, his wife Angie, and their sons Weston and Mason spend half the year touring and teaching across North America. The rest of the year, Field manages two teaching facilities: the Field Horsemanship Center in Abbotsford and the James Creek Ranch in Merritt, British Columbia.

In addition to live appearances at clinics, expos, and seminars, and hosting intensive camp programs at his own facilities, Field regularly writes articles for equestrian publications and has produced a home-study

DVD course about horse training. Find out more about his schedule, programs, and educational products online at jonathanfield.net.

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Donna Bradford:

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