

Your Secret Self: Illuminating the Mysteries of the Twelfth House

By Tracy Marks



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The Twelfth House is where the angels of our creative inspiration and spirituality, and the demons of our shadow self reside. Tracy Marks, psychotherapist /astrologer, provides penetrating insights into the inner workings of both the hidden weaknesses and strengths of the Twelfth House, and provides practical and easy-to-use worksheets to support the process of recovering buried facets of ourselves.

Part I: The multi-faceted meanings of the Twelfth House

Part II: The meaning of individual Twelfth house planets and signs, their rulers and placement

Part III: Psychodynamics of the Twelfth House -the emotional conflicts associated with it, and the process of integrating and liberating Twelfth House energies

Part IV: Self Transformation through Dreamwork and the dream experience using case studies related to the Twelfh House

Part V: The Collective Shadow, focusing on the Twelfth House of the United States.

This is an updated, expanded and revised addition of a book published in 1989, with over 30 pages of new material.

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Editorial Review

About the Author

Tracy Marks, M.A., is a licensed mental health counselor, astrologer, writer, instructor, and nature photographer. Her transformational astrology books, including Astrology of Self-Discovery and The Art of Chart Interpretation, have been translated into nine languages and have sold over 150,000 copies. A psychotherapist since 1985, she is currently maintaining both counseling and astrology practices in Arlington, Massachusetts, as well as teaching in continuing education programs.

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