



Assessment and Treatment Activities for Children, Adolescents and Families Volume Three: Practitioners Share Their Most Effective Techniques

By Liana Lowenstein



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In this third volume, highly acclaimed author Liana Lowenstein has compiled an impressive collection of techniques from experienced practitioners. Interventions are outlined for engaging, assessing, and treating children of all ages and their families. Activities address a range of issues including, Feelings Expression, Social Skills, Self-Esteem, and Termination. A must have for mental health professionals seeking to add creative interventions to their repertoire.

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- Sales Rank: #384515 in Books
- Published on: 2011-09-08
- Original language: English
- Dimensions: 11.00" h x 8.50" w x .75" l, 1.30 pounds
- Binding: Paperback
- 208 pages

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Editorial Review

Review

This third volume is a compendium of creative therapeutic techniques for use with children, youth, and families. Seasoned therapists, as well as beginners, will find new ways of communicating therapeutic content in developmentally sensitive ways. The book's user-friendly format helps clinicians match interventions to specific treatment goals and serves as a welcome addition to the field. --Paris Goodyear-Brown, LCSW, RPT-S., Author of *Play Therapy with Traumatized Children*, Brentwood, TN, United States

I love this Third volume of *Assessment and Treatment Activities for Children, Adolescents and Families* it is an excellent resource when working in a focused manner with clients. If you are a clinician that utilizes expressive art activities, games, or varied modalities, you are sure to find additional ideas with this excellent resource. --Theresa Fraser, CYW, MA, CPT President, Canadian Association for Child and Play Therapy, Cambridge, ON, Canada

Liana Lowenstein has gathered a wonderful array of activities to use with children, youth, and families in therapy. It is indeed a creative collection of practical and engaging ideas from therapists from around the world who know what works. The age suitability guides, sectional divisions and clear activity outlines makes this an immensely and immediately usable resource. --Jacki Short, M.Ed.(Adult Ed.) MAPS Registered Psychologist, Sydney, Australia

About the Author

Liana Lowenstein, MSW, RSW, CPT-S, is an author, sought-after speaker, and practitioner who has worked with children and their families since 1988. She completed her Master of Social Work degree at the University of Toronto, and she is a Certified Child and Play Therapist (Supervisor) with the Canadian Association for Child and Play Therapy. She provides clinical supervision to mental health practitioners, runs a play-therapy internship program, and consults to several mental health agencies. She has a reputation as a dynamic workshop leader and has presented trainings across North America and abroad. She is the founder of Champion Press publishing company and has authored numerous publications, including the highly acclaimed books *Paper Dolls and Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children* (with Crisci & Lay, 1997), *Creative Interventions for Troubled Children & Youth* (1999), *Creative Interventions for Children of Divorce* (2006), and *Creative Interventions for Bereaved Children* (2006). She has also edited the books *Assessment and Treatment Activities for Children, Adolescents, and Families: Practitioners Share Their Most Effective Techniques* (Volumes One through Three) and *Creative Family Therapy Techniques: Play, Art, and Expressive Activities to Engage Children in Family Sessions*.

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Todd Porter:

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