



Acupressure Way of Health: Jin Shin Do

By Iona Marsaa Teegarden



Acupressure Way of Health: Jin Shin Do By Iona Marsaa Teegarden

Jin Shin Do was made to make magic in the many. This book presents some basics of the art, in a simple form easily employed by the layperson. For qualified instruction on the details and professional applications of Jin Shin Do(r) Acupressure, seek instruction from an authorized, certificated teacher, who will prominently display the Jin Shin Do symbol. For directory of authorized teachers and registered practitioners throughout the U.S., Canada and Europe, write to the Jin Shin Do Foundation for Bodymind Acupressure, P.O. Box 416, Idyllwild, CA 92549 USA.

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Editorial Review

About the Author

IONA MARSAA TEEGUARDEN, M. A.. has been a Jin Shin Do acupressure therapist and teacher since 1972. Iona's writings and her teaching, throughout the United States and in Europe, have gained her international recognition as an authority on acupressure. Her dedication f to the development of Jin Shin Do has resulted in its emergence as a powerful force within the health arts.

Iona studied with many masters of acupressure, acupuncture, and other Oriental health arts, including: Michio Kushi, Herman Aihara, Mary lino Burmeister, Jean-Claude Thomas, Kok Yuen Leung, Johng Kyu Lee, Se Han Kim, and Sung Jin Park in America, and Haruki Kato, Katsusuke Serizawa, and Kohtaro Wada in Japan, where she spent the summer of 1976 researching Jin Shin Do. She is the cofounder of the Acupressure Workshop in Santa Monica, California.

Users Review

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This Acupressure Way of Health: Jin Shin Do book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this book incredible fresh, you will get data which is getting deeper a person read a lot of information you will get. This Acupressure Way of Health: Jin Shin Do without we comprehend teach the one who looking at it become critical in pondering and analyzing. Don't become worry Acupressure Way of Health: Jin Shin Do can bring if you are and not make your carrier space or bookshelves' come to be full because you can have it in the lovely laptop even phone. This Acupressure Way of Health: Jin Shin Do having very good arrangement in word as well as layout, so you will not really feel uninterested in reading.

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