



## The Little Book of Life and Death

By Douglas Edison Harding



### The Little Book of Life and Death By Douglas Edison Harding

In this book the author of *On Having No Head* investigates the most poignant problem our life poses - what lies at the end of it. He asks us to check four things. First, that to discover whether we are perishable, we must first discover what we are. Second, that outsiders are in no position to tell us this: they can only tell us what we look like at a distance. Third, that what we are is obvious as soon as we dare to look. And fourth, that we turn out to be in all respects the opposite of what we had been told. This revolutionary conclusion is arrived at by doing the nine "tests for Immortality" that form the backbone of the book. Then, our identity and immortality having been firmly established, we apply this knowledge to the fact of ageing and of dying itself, thus realizing their infinite potential for joy. Finally, the book explores in detail the true resurrection life - life lived in a Heaven which is none other than this earthly scene perceived as it is. "The "open secret" is no longer secret. Douglas Harding's *Little Book of Life and Death* makes the insights of the sages accessible to all. Courageous, personal and inspiring, this book asks the most difficult questions about life and death, and to our - and apparently even the author's - amazement, answers them. Like Harding's classic book *On Having No Head*, this work is written in a down-home, heartfelt style. Read this book. Do the "experiments" which are Harding's unique and powerful contribution to what might be called the technology of enlightenment. Get ready to die, and to live anew.' Rober W. Fuller. Former president, Oberlin College. 'The literature on dying will never be the same again.' Ram Dass

 [Download The Little Book of Life and Death ...pdf](#)

 [Read Online The Little Book of Life and Death ...pdf](#)

# The Little Book of Life and Death

*By Douglas Edison Harding*

## **The Little Book of Life and Death** By Douglas Edison Harding

In this book the author of *On Having No Head* investigates the most poignant problem our life poses - what lies at the end of it. He asks us to check four things. First, that to discover whether we are perishable, we must first discover what we are. Second, that outsiders are in no position to tell us this: they can only tell us what we look like at a distance. Third, that what we are is obvious as soon as we dare to look. And fourth, that we turn out to be in all respects the opposite of what we had been told. This revolutionary conclusion is arrived at by doing the nine "tests for Immortality" that form the backbone of the book. Then, our identity and immortality having been firmly established, we apply this knowledge to the fact of ageing and of dying itself, thus realizing their infinite potential for joy. Finally, the book explores in detail the true resurrection life - life lived in a Heaven which is none other than this earthly scene perceived as it is. 'The "open secret" is no longer secret. Douglas Harding's Little Book of Life and Death makes the insights of the sages accessible to all. Courageous, personal and inspiring, this book asks the most difficult questions about life and death, and to our - and apparently even the author's - amazement, answers them. Like Harding's classic book *On Having No Head*, this work is written in a down-home, heartfelt style. Read this book. Do the "experiments" which are Harding's unique and powerful contribution to what might be called the technology of enlightenment. Get ready to die, and to live anew.' Rober W. Fuller. Former president, Oberlin College. 'The literature on dying will never be the same again.' Ram Dass

## **The Little Book of Life and Death** By Douglas Edison Harding Bibliography

- Rank: #707471 in Books
- Brand: Brand: The Shollond Trust
- Published on: 2009-07-14
- Original language: English
- Number of items: 1
- Dimensions: 7.80" h x .34" w x 5.08" l, .36 pounds
- Binding: Paperback
- 160 pages

 [Download The Little Book of Life and Death ...pdf](#)

 [Read Online The Little Book of Life and Death ...pdf](#)

## Download and Read Free Online The Little Book of Life and Death By Douglas Edison Harding

---

### Editorial Review

#### Users Review

##### From reader reviews:

##### **Carlos Garcia:**

Book is definitely written, printed, or illustrated for everything. You can realize everything you want by a guide. Book has a different type. As we know that book is important matter to bring us around the world. Adjacent to that you can your reading skill was fluently. A guide The Little Book of Life and Death will make you to always be smarter. You can feel far more confidence if you can know about every little thing. But some of you think that open or reading the book make you bored. It isn't make you fun. Why they are often thought like that? Have you looking for best book or suitable book with you?

##### **Babara Lopez:**

As people who live in the particular modest era should be upgrade about what going on or data even knowledge to make all of them keep up with the era which can be always change and progress. Some of you maybe will probably update themselves by examining books. It is a good choice to suit your needs but the problems coming to an individual is you don't know what type you should start with. This The Little Book of Life and Death is our recommendation to help you keep up with the world. Why, since this book serves what you want and want in this era.

##### **Terrance Hutchins:**

Information is provisions for anyone to get better life, information these days can get by anyone from everywhere. The information can be a knowledge or any news even restricted. What people must be consider any time those information which is within the former life are challenging be find than now is taking seriously which one is acceptable to believe or which one typically the resource are convinced. If you find the unstable resource then you understand it as your main information you will see huge disadvantage for you. All of those possibilities will not happen inside you if you take The Little Book of Life and Death as your daily resource information.

##### **Vanessa Gilliam:**

Reading a guide make you to get more knowledge from this. You can take knowledge and information from a book. Book is created or printed or outlined from each source in which filled update of news. On this modern era like at this point, many ways to get information are available for you actually. From media social like newspaper, magazines, science e-book, encyclopedia, reference book, new and comic. You can add your understanding by that book. Ready to spend your spare time to open your book? Or just searching for the The Little Book of Life and Death when you required it?

## **Download and Read Online The Little Book of Life and Death By Douglas Edison Harding #I4XWPB017MH**

## **Read The Little Book of Life and Death By Douglas Edison Harding for online ebook**

The Little Book of Life and Death By Douglas Edison Harding Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Little Book of Life and Death By Douglas Edison Harding books to read online.

### **Online The Little Book of Life and Death By Douglas Edison Harding ebook PDF download**

**The Little Book of Life and Death By Douglas Edison Harding Doc**

**The Little Book of Life and Death By Douglas Edison Harding Mobipocket**

**The Little Book of Life and Death By Douglas Edison Harding EPub**