



## Mind Yoga - Amazing Secrets of the Yogi

By Charles F. Haanel

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The Amazing Secrets Of The Yogi is a classic work from the seminal new thought leader Charles F Haanel, much like The Master Key System that predates it. The Amazing Secrets Of The Yogi is an expose of far eastern and asian philosophy accompanied by exercises to expand the mind, body and spirit. This book is a perfect introduction to those that wish go beyond the exercise benefits of yoga and to explore the deeper and esoteric aspects of yoga meditation.

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