

Songs of the Gorilla Nation: My Journey Through Autism

By Dawn Prince-Hughes Ph.D.



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"This is a book about autism. Specifically, it is about my autism, which is both like and unlike other people's autism. But just as much, it is a story about how I emerged from the darkness of it into the beauty of it."

In this elegant and thought-provoking memoir, Dawn Prince-Hughes traces her personal growth from undiagnosed autism to the moment when, as a young woman, she entered the Seattle Zoo and immediately became fascinated with the gorillas.

Having suffered from a lifelong inability to relate to people in a meaningful way, Dawn was surprised to find herself irresistibly drawn to these great primates. By observing them and, later, working with them, she was finally able to emerge from her solitude and connect to living beings in a way she had never previously experienced.

Songs of the Gorilla Nation is more than a story of autism, it is a paean to all that is important in life. Dawn Prince-Hughes's evocative story will undoubtedly have a lasting impact, forcing us, like the author herself, to rediscover and assess our own understanding of human emotion.

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Editorial Review

From Publishers Weekly

In this affecting, thoughtful memoir, Prince-Hughes explores how working with gorillas helped her escape the feelings of isolation she encountered as a sufferer of Asperger's syndrome, a form of autism characterized by difficulties processing stimuli, sensory sensitivity and social awkwardness. Her description of the course of her condition is both delightfully quixotic and terribly sad. Prince-Hughes's addictions to the smells of purple irises and tin Band-Aid boxes seem harmless enough, but her inability to emotionally connect to other people has terrible consequences. In high school, she is beaten and harshly abused. Trying to cope, she develops a drinking problem, spends months homeless and takes a job as a strip club dancer to make ends meet. A lifeline comes after a trip to the zoo, where the author discovers gorillas and forms a bond with them that changes her life. These creatures see the world the same way Prince-Hughes does: "They didn't look at one another, and they did look at me, they looked at everything." She gets a low-level zoo job and decides to make a career out of studying gorillas. By quietly, calmly watching the gorillas interact, Prince-Hughes learns about emotions like love, anger, concern and humor-feelings she could never understand in the purely human world. The author's favorite gorilla, a 500-pounder named Congo, becomes more of a friend than a subject, at one point literally giving her a shoulder to cry on. Although Prince-Hughes goes on to earn a Ph.D. in anthropology, she still struggles with verbal and physical interactions. In print, however, she finds touching eloquence and clarity.

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From **Booklist**

This memoir tells how Prince-Hughes learned to manage her form of autism, Asperger's syndrome, by observing and interacting with gorillas. This "high-functioning" form of autism regularly goes unrecognized because sufferers are often gifted intellectually and learn numerous coping mechanisms. The author's accounts of her early childhood are intensely moving as she describes how she viewed her world and how she tried to deal with it. What makes this book unique is the author's discovery of the gorillas at Seattle's Woodland Park Zoo, and how she learned about personal relationships, the need for companionship, and the need for a group to belong to by watching them. Though she dropped out of school at 16, wanting to learn more about the gorillas helped her to find a focus and led to an eventual Ph.D. in anthropology. The reader will feel what the author is feeling, and her comparisons of herself with the gorillas she grew to love are fascinating. An excellent addition to any library's collection about autism, this will also resonate with all who understand the human-animal connection. *Nancy Bent*

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Review

"Lyrical, redemptive . . . *Songs of the Gorilla Nation* is as much a rhapsody to gorillas as it is an anatomy of autism." —*The New York Times Book Review*

"A primer on self-preservation and love." -O Magazine

"Gorilla Nation proves Prince-Hughes is a great writer—and an inspiration to anyone searching for a voice." *—Seattle Magazine*

"[An] affecting, thoughtful memoir . . . both delightfully quixotic and terribly sad. Although Prince-Hughes struggles with verbal and physical interactions, in print she finds touching eloquence and clarity."

—Publishers Weekly

Users Review

From reader reviews:

Anna Snyder:

Now a day people that Living in the era wherever everything reachable by connect with the internet and the resources inside can be true or not require people to be aware of each info they get. How a lot more to be smart in getting any information nowadays? Of course the correct answer is reading a book. Looking at a book can help persons out of this uncertainty Information particularly this Songs of the Gorilla Nation: My Journey Through Autism book because book offers you rich facts and knowledge. Of course the info in this book hundred per-cent guarantees there is no doubt in it you know.

Coleman Bailey:

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Grace Harrell:

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