

The Psychopath Whisperer: The Science of Those Without Conscience

By Kent A. Kiehl PhD





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A compelling journey into the science and behavior of psychopaths, written by the leading scientist in the field of criminal psychopathy.

We know of psychopaths from chilling headlines and stories in the news and movies—from Ted Bundy and John Wayne Gacy, to Hannibal Lecter and Dexter Morgan. As Dr. Kent Kiehl shows, psychopaths can be identified by a checklist of symptoms that includes pathological lying; lack of empathy, guilt, and remorse; grandiose sense of self-worth; manipulation; and failure to accept one's actions. But why do psychopaths behave the way they do? Is it the result of their environment— how they were raised—or is there a genetic component to their lack of conscience?

This is the question Kiehl, a protégé of famed psychopath researcher Dr. Robert Hare, was determined to answer as he began his career twenty years ago. To aid in his quest to unravel the psychopathic mind, Kiehl created the first mobile functional MRI scanner to study psychopaths in prison populations. The brains of more than five hundred psychopaths and three thousand other offenders have been scanned by Kiehl's laboratory—the world's largest forensic neuroscience repository of its kind. Over the course of *The Psychopath Whisperer*, we follow the scientific bread crumbs that Kiehl uncovered to show that the key brain structures that correspond with emotional engagement and reactions are diminished in psychopaths, offering new clues to how to predict and treat the disorder.

In *The Psychopath Whisperer*, Kiehl describes in fascinating detail his years working with psychopaths and studying their thought processes— from the remorseless serial killers he meets with behind bars to children whose behavior and personality traits exhibit the early warning signs of psychopathy.

Less than 1 percent of the general population meets the criteria for psychopathy. But psychopaths account for a vastly outsized proportion of violent crimes. And as Kiehl shows, many who aren't psychopaths exhibit some of the behaviors and traits associated with the condition. What do you do if you discover your roommate, or boss, or the person you are dating has traits that define a psychopath? And what does having a diminished limbic region of the brain mean for

how the legal system approaches crimes committed by psychopaths?

A compelling narrative of cutting-edge science, *The Psychopath Whisperer* will open your eyes on a fascinating but little understood world, with startling implications for society, the law, and our personal lives.

From the Hardcover edition.

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Editorial Review

Review

"A world-renowned researcher of psychopaths delves into the origins of their behavior, especially as it relates to the inner workings of the brain...Navigates these issues and more with compassion and insight. Fast-paced and thrilling." *-Kirkus Reviews*

"In this compassionate study, Kiehl, professor of psychology, neurosciences, and law at the University of New Mexico, attempts to provide a way to understand and improve the lives of psychopaths...Kiehl's goal is not to sensationalize, but rather to learn and assist...His pedigree speaks volumes: he has devoted a good portion of his career to this oft-maligned population." *-Publishers Weekly*

"A renowned neuroscientist provides us with a fascinating account of his personal journey into the mind of the psychopath." –**Robert D. Hare, Professor Emeritus, University of British Columbia, author of** *Without Conscience*

"A lucid and closely observed portrait of what psychopaths are actually like, with their chilling combination of moral apathy and charm, by one of the leading researchers and innovators in the field. A Fascinating and terrifying book, and a potential life saver." —John Seabrook, *The New Yorker*

"A must read! Dr. Kiehl's stories about psychopaths are as authentic as can be. I found Dr. Kiehl's research formed the backbone of my work in analyzing the behavioral signature of a psychopath left behind at the crime scene. Whether you work in mental health, law enforcement, the judiciary or research, don't trust your gut about this disorder—learn about it from one of the foremost experts in the field."—Mary Ellen O'Toole, Special Agent (retired), Behavioral Analysis Unit (BAU), Federal Bureau of Investigation (FBI).

"Highly engaging and personal perspective from a world leading scientist in the field of psychopathy research. What sets this book apart is the combination of an accessible overview of the cutting edge science and compelling and authentic portrayal of what individuals with psychopathy are really like." - Essi Viding, Professor of Developmental Psychopathology, University College London

"By primates standards, humans are intensely social, affiliative, and empathic. Thus, we are fascinated with the rare individuals who lack those traits, who have a reptilian indifference to what makes humans humane. Criminal psychopaths are the iconic example of such terrifyingly broken humans. In this superb book written by one of the pioneers in this field, Kent Kiehl explores what is different about the brains of psychopaths. This is a clear, accessible account of the science and, in addition, an appealing personal story of how Kiehl has gone about his unique science." **–Robert Sapolsky, Professor of Neurology and Neurological Sciences, Stanford University**

"An exhilarating exploration into the lives, minds and emotions of criminal psychopaths by one of the leading researchers in the field. This lively and engaging narrative not only educates the reader on the internal machinations of the psychopath, but also takes us through Kiehl's own life journey of scientific discovery. It's an irresistible read that is hard to put down. Even after decades of my own research I found myself learning new perspectives on the psychopath. Serious, witty, saddening and beguiling, The Psychopath Whisperer yells out as a "must read" for anyone interested in those without conscience."

-Adrian Raine, Professor of Criminology, Psychiatry, and Psychology, University of Pennsylvania

"The fascinating story of how Kent Kiehl, a remarkably energetic and accomplished scientist, used functional magnetic resonance imaging (fMRI) and a mobile brain scanner to examine the brains of more psychopathic prisoners than anyone in the world and characterize their dysfunction. Filled with entertaining anecdotes of psychopaths in prison, research collaborations, and scientific discovery, the book discusses the ramifications of his finding to the criminal system and to the treatment of psychopathic juvenile delinquents. An eye-opening read!" - Dr. Joseph Newman, Professor of Psychology, University of Wisconsin, Madison

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About the Author

KENT A. KIEHL, PhD, is an executive science officer of the nonprofit Mind Research Network and a professor of psychology, neurosciences, and law at the University of New Mexico. In addition to authoring more than 130 articles in peer-reviewed publications, Kiehl has written for *Scientific American*, has appeared on NPR, and was profiled by John Seabrook in *The New Yorker*. He currently directs five major NIH-funded projects in psychopathy and related mental illnesses. He lectures extensively to state and federal judges, lawyers, correctional officials, and lay audiences about the intersection of neuroscience and the law.

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Charlene Martinez:

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What do you regarding book? It is not important together with you? Or just adding material when you really need something to explain what the ones you have problem? How about your time? Or are you busy man or woman? If you don't have spare time to perform others business, it is make you feel bored faster. And you have free time? What did you do? Everybody has many questions above. They have to answer that question simply because just their can do in which. It said that about book. Book is familiar in each person. Yes, it is right. Because start from on pre-school until university need this The Psychopath Whisperer: The Science of Those Without Conscience to read.

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