



At The Helm: A Laboratory Navigator (Handbooks)

By Kathy Barker

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Newly appointed principal research investigators have to recruit, motivate, and lead a research team, manage personnel and institutional responsibilities, and compete for funding, while maintaining the outstanding scientific record that got them their position in the first place. Small wonder, then, that many principal investigators feel ill-prepared. In this book, a successor to her best-selling manual for new recruits to experimental science, *At the Bench*, Kathy Barker provides a guide for newly appointed leaders of research teams, and those who aspire to that role. With extensive use of interviews and a text enlivened with quotes and real-life examples, Dr. Barker discusses a wide range of management challenges and the skills that promote success. Her book is a unique and much-needed contribution to the literature of science.

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Review

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From the Publisher

"In her new book, *At the Helm: A Laboratory Navigator*, Kathy Barker provides a handbook to guide new PI past some of the pitfalls and problems of starting and managing a research laboratory. She skillfully weaves material from interviews, scientific memoirs and management theory into a valuable and unique discourse on the many challenges facing the laboratory head, with practical guidance and suggestions for meeting these challenges.

... The major strength of the book lies in its near comprehensive treatment of the issues pertaining to laboratory personnel, and it is in these sections that the book should prove invaluable to inexperienced lab managers." --Trends in Genetics

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