



Occupational Adaptation in Practice: Concepts and Cases

By Janette Schkade PhD OTR FAOTA, Melissa McClung OTR



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Who says theory can't be fun, practical, and understandable? *Occupational Adaptation in Practice: Concepts and Cases* is a user-friendly text that clearly describes the theory of occupational adaptation.

This new text describes one approach to occupation-based, client-centered practice. The purpose of this guide is to make occupational adaptation easily understood and applied. This exceptional guide leads the reader through the flow and understanding of this theory. Practical examples help demonstrate how theory can be implemented in practice. It breaks the components of the theory into smaller, more manageable units. Included in the text are cases in which practitioners have used occupational adaptation in various practice settings.

Features:

- Conversational style promotes reader understanding of the ideas in occupational adaptation.
- "Try It On" feature gives the reader an opportunity to apply the concepts to a personal everyday life situation.
- The guide provides the practitioner with suggestions about how to apply occupational adaptation to practice.

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Editorial Review

Review

“The cases are great examples of the concepts being put into practice.”

— Debra Stewart, MSc, BSc. OT(C), *McMaster University Institute Applied Health Sciences, Ontario, Canada*

“A useful guide to understanding occupational adaptation and how it can be applied in practice.”

— Charles Christiansen, EdD., OTR, OT(C), FAOTA, *Dean and George T. Bryan Distinguished Professor The University of Texas Medical Branch at Galveston School of Allied Health Sciences, Galveston, Texas*

About the Author

Janette Schkade, PhD, OTR, FAOTA, after graduating with a PhD in psychology, practiced a psychologist in a state school for the mentally challenged, working with clients who had multiple physical as well as mental disabilities. It was in this environment that she learned about occupational therapy and what it could do for this population. She then obtained her education in occupational therapy from Texas Woman’s University. She is a co-author of the Occupational Adaptation Theoretical Framework. She has presented at national and regional conferences on this framework, both as theory and as a vehicle to guide practice. She is the author or co-author of numerous publications regarding occupational adaption, both in scholarly journals and book chapters.

Melissa McClung, OTR has been practicing with the occupational adaption theoretical perspective for 10 years. She has had the opportunity to use the theory in practice with patients, in redesigning existing occupational therapy programs, and in student programs in clinic settings—most currently in classroom curriculum design/implementation as a faculty member at Texas Woman’s University, Denton. She has presented her approach to occupational adaptation at national and regional conferences. Prior to becoming an occupational therapist, she practiced as a music therapist for 8 years.

Users Review

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Alan Williams:

This Occupational Adaptation in Practice: Concepts and Cases book is absolutely not ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book is actually information inside this book incredible fresh, you will get info which is getting deeper you read a lot of information you will get. This Occupational Adaptation in Practice: Concepts and Cases without we understand teach the one

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Michael Bennett:

Playing with family in a very park, coming to see the marine world or hanging out with buddies is thing that usually you could have done when you have spare time, then why you don't try matter that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love Occupational Adaptation in Practice: Concepts and Cases, it is possible to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout fellas. What? Still don't have it, oh come on its identified as reading friends.

Bonnie Fernandez:

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Alice Scales:

Is it anyone who having spare time after that spend it whole day by means of watching television programs or just telling lies on the bed? Do you need something new? This Occupational Adaptation in Practice: Concepts and Cases can be the respond to, oh how comes? The new book you know. You are so out of date, spending your free time by reading in this brand new era is common not a geek activity. So what these guides have than the others?

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