



## Feeling And Healing Your Emotions

By Conrad W. Baars



**Feeling And Healing Your Emotions** By Conrad W. Baars

Feeling and healing Your Emotions offers guidelines for emotional and spiritual wholeness. In simple question–and–answer format, readers learn that all emotions are positive aspects of our nature and that a fully developed emotional life can strengthen one's spiritual life

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#### About the Author

Conrad W. Baars, MD, named the 1980 Christian Culture Gold Medalist by Windsor University, Ontario, was a psychiatrist for more than 30 years until his death in 1981. Dr. Baars was the author of "Born Only Once" and co-author of "Healing the Unaffirmed" and "Psychic Wholeness and Healing."

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