



Tired of I.T! - How I learned to stop worrying and love the Bicycle

By Dave Conroy



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Spend every waking minute staring at a computer screen. Throw in some self destructive habits. Stir. Repeat. This weekly routine nearly killed him. In a moment of insanity (clarity?), Dave Conroy quit his computer job, sold his belongings and, buying a bicycle, set forth around the world. He hadn't been on a bike in nearly 20 years but you never forget, right?

This is the story of someone who, finding himself caught up in the daily struggle for happiness, took the bold move to step outside his comfort zone. Leaving behind family and friends, he took the first step to reprogram the mind and find inner peace.

For anyone interested in taking that step away from the daily grind, the hustle and bustle of structure, burned out from Information Technology, wanting to embark on a long term journey by bicycle this should appeal to you.

This is the Black and White edition

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Editorial Review

About the Author

In 2009 Dave Conroy quit his job working with computers, sold everything he owned and bought a bicycle setting forth for a round the world journey. His travels have taken him to various parts of the globe, and he regularly writes and films the experience. His writing, photos, have appeared in many travel and bicycling related publications, and has appeared in a full length documentary titled Riding North, filmed in Canada in 2010.

Users Review

From reader reviews:

Sharon Hall:

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Robert Monson:

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